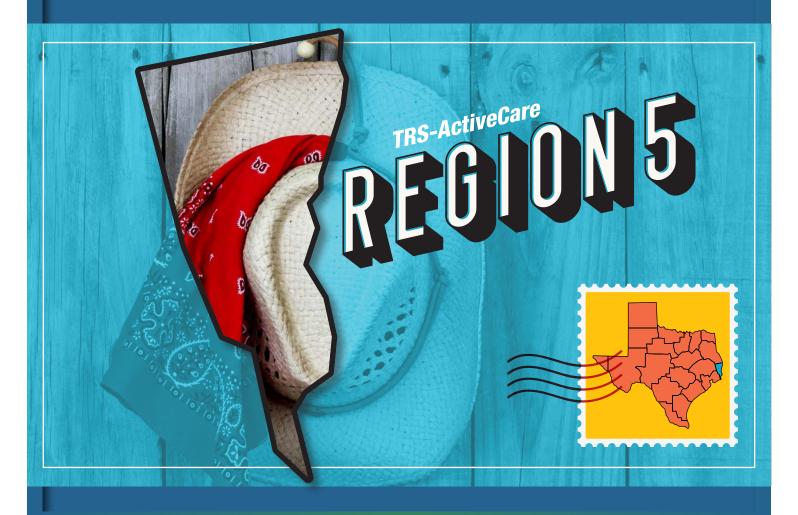
# TRS-ActiveCare has the largest network of doctors and hospitals in Texas. You can hang your hat on it.



TRS-ActiveCare Plan Highlights 2023-24



#### Learn the Terms.

- **Premium:** The monthly amount you pay for health care coverage.
- **Deductible:** The annual amount for medical expenses you're responsible to pay before your plan begins to pay its portion.
- Copay: The set amount you pay for a covered service at the time you receive it. The amount can vary by the type of service.
- Coinsurance: The portion you're required to pay for services after you meet your deductible. It's often a specified percentage of the costs; i.e. you pay 20% while the health care plan pays 80%.
- Out-of-Pocket Maximum: The maximum amount you pay each year for medical costs. After reaching the out-of-pocket maximum, the plan pays 100% of allowable charges for covered services.

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## 2023-24 TRS-ActiveCare Plan Highlights Sept. 1, 2023 - Aug. 31, 2024



# **How to Calculate Your Monthly Premium**

**Total Monthly Premium** 

Your District and State Contributions

Your Premium

Ask your Benefits Administrator for your district's specific premiums.

# Wellness Benefits at No Extra Cost\*

#### **Being healthy is easy with:**

- \$0 preventive care
- 24/7 customer service
- One-on-one health coaches
- Weight loss programs
- Nutrition programs
- Ovia<sup>™</sup> pregnancy support
- TRS Virtual Health
- Mental health benefits
- And much more!

\*Available for all plans. See the benefits guide for more details.

### **New Rx Benefits!**

- Express Scripts is your new pharmacy benefits manager! CVS pharmacies and most of your preferred pharmacies and medication are still included.
- Certain specialty drugs are still \$0 through SaveOnSP.

All TRS-ActiveCare participants have **three plan options**. Each includes a wide range of wellness benefits.

	TRS-ActiveCare Primary	TRS-ActiveCare Primary+	TRS-ActiveCare HD
Plan Summary	Lowest premium of all three plans     Copays for doctor visits before you meet your deductible     Statewide network     Primary Care Provider (PCP) referrals required to see specialists     Not compatible with a Health Savings Account (HSA)     No out-of-network coverage	Copays for many services and drugs     Higher premium	Compatible with a Health Savings Account (HSA)     Nationwide network with out-of-network coverage     No requirement for PCPs or referrals     Must meet your deductible before plan pays for non-preventive care

<b>Monthly Premiums</b>	Total Premium	Your Premium	Total Premium	Your Premium	Total Premium	Your Premium
Employee Only	\$450	\$	\$528	\$	\$464	\$
Employee and Spouse	\$1,215	\$	\$1,373	\$	\$1,253	\$
Employee and Children	\$765	\$	\$898	\$	\$789	\$
Employee and Family	\$1,530	\$	\$1,743	\$	\$1,578	\$

Plan Features				
Type of Coverage	In-Network Coverage Only	In-Network Coverage Only	In-Network	Out-of-Network
Individual/Family Deductible	\$2,500/\$5,000	\$1,200/\$2,400	\$3,000/\$6,000	\$5,500/\$11,000
Coinsurance	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible
Individual/Family Maximum Out of Pocket	\$7,500/\$15,000	\$6,900/\$13,800	\$7,500/\$15,000	\$20,250/\$40,500
Network	Statewide Network	Statewide Network	Nationwid	e Network
PCP Required	Yes	Yes	N	0

Doctor Visits				
Primary Care	\$30 copay	\$15 copay	You pay 30% after deductible	You pay 50% after deductible
Specialist	\$70 copay	\$70 copay	You pay 30% after deductible	You pay 50% after deductible

Immediate Care				
Urgent Care	\$50 copay	\$50 copay	You pay 30% after deductible	You pay 50% after deductible
Emergency Care	You pay 30% after deductible	You pay 20% after deductible	You pay 30% a	ifter deductible
TRS Virtual Health-RediMD (TM)	\$0 per medical consultation	\$0 per medical consultation	\$30 per medic	al consultation
TRS Virtual Health-Teladoc®	\$12 per medical consultation	\$12 per medical consultation	\$42 per medic	al consultation

Prescription Drugs				
Drug Deductible	Integrated with medical	\$200 deductible per participant (brand drugs only)	Integrated with medical	
Generics (31-Day Supply/90-Day Supply)	\$15/\$45 copay; \$0 copay for certain generics	\$15/\$45 copay	You pay 20% after deductible; \$0 coinsurance for certain generics	
Preferred	You pay 30% after deductible	You pay 25% after deductible	You pay 25% after deductible	
Non-preferred	You pay 50% after deductible	You pay 50% after deductible	You pay 50% after deductible	
Specialty (31-Day Max)	\$0 if SaveOnSP eligible; You pay 30% after deductible	\$0 if SaveOnSP eligible; You pay 30% after deductible	You pay 20% after deductible	
Insulin Out-of-Pocket Costs	\$25 copay for 31-day supply; \$75 for 61-90 day supply	\$25 copay for 31-day supply; \$75 for 61-90 day supply	You pay 25% after deductible	

This plan is closed and not accepting new enrollees. If you're currently enrolled in TRS-ActiveCare 2, you can remain in this plan.

#### **TRS-ActiveCare 2**

- · Closed to new enrollees
- Current enrollees can choose to stay in plan
- Lower deductible
- Copays for many services and drugs
- Nationwide network with out-of-network coverage
- No requirement for PCPs or referrals

Total Premium	Your Premium
\$1,013	\$
\$2,402	\$
\$1,507	\$
\$2,841	\$

In-Network	Out-of-Network			
\$1,000/\$3,000	\$2,000/\$6,000			
You pay 20% after deductible	You pay 40% after deductible			
\$7,900/\$15,800	\$23,700/\$47,400			
Nationwide Network				
No				

\$30 copay	You pay 40% after deductible
\$70 copay	You pay 40% after deductible

\$50 copay	You pay 40% after deductible		
You pay a \$250 copay plus 20% after deductible			
\$0 per medical consultation			
\$12 per medical consultation			

\$200 brand deductible
\$20/\$45 copay
You pay 25% after deductible (\$40 min/\$80 max)/ You pay 25% after deductible (\$105 min/\$210 max)
You pay 50% after deductible (\$100 min/\$200 max)/ You pay 50% after deductible (\$215 min/\$430 max)
\$0 if SaveOnSP eligible:

You pay 30% after deductible (\$200 min/\$900 max)/ No 90-day supply of specialty medications

\$25 copay for 31-day supply; \$75 for 61-90 day supply

### **What's New and What's Changing**



This table shows you the changes between 2022-23 statewide premium price and this year's 2023-24 regional price for your Education Service Center.

		2022-23 Total Premium	New 2023-24 Total Premium	Change in Dollar Amount	Key Plan Changes
Emp	nployee Only	\$417	\$450	\$33	a ladicidual manifesture and of papel of decreased by CCCO
TRS-ActiveCare Emp	nployee and Spouse	\$1,176	\$1,215	\$39	<ul> <li>Individual maximum-out-of-pocket decreased by \$650.</li> <li>Previous amount was \$8,150 and is now \$7,500.</li> </ul>
Primary Emp	nployee and Children	\$751	\$765	\$14	<ul> <li>Family maximum-out-of-pocket decreased by \$1,300.</li> <li>Previous amount was \$16,300 and is now \$15,000.</li> </ul>
Ет	nployee and Family	\$1,405	\$1,530	\$125	1 16 vious amount was \$10,500 and 15 now \$15,000.
Emp	nployee Only	\$429	\$464	\$35	Individual maximum-out-of-pocket increased by \$450 to match IRS
TRS-ActiveCare HD	nployee and Spouse	\$1,209	\$1,253	\$44	guidelines. Previous amount was \$7,050 and is now \$7,500.  • Family maximum-out-of-pocket increased by \$900 to match IRS
Emp	nployee and Children	\$772	\$789	\$17	guidelines. Previous amount was \$14,100 and is now \$15,000.
Emp	nployee and Family	\$1,445	\$1,578	\$133	These changes apply only to in-network amounts.
Emp	nployee Only	\$527	\$528	\$1	
TRS-ActiveCare Emp	nployee and Spouse	\$1,290	\$1,373	\$83	<ul> <li>Family deductible decreased by \$1,200.</li> <li>Previous amount was \$3,600 and is now \$2,400.</li> </ul>
Primary+ Emp	nployee and Children	\$849	\$898	\$49	Primary care provider copay decreased from \$30 to \$15.
Emp	nployee and Family	\$1,622	\$1,743	\$121	
	nployee Only	\$1,013	\$1,013	\$0	
TRS-ActiveCare 2	nployee and Spouse	\$2,402	\$2,402	\$0	No changes.
(closed to new enrollees)	nployee and Children	\$1,507	\$1,507	\$0	This plan is still closed to new enrollees.
· · · · · · · · · · · · · · · · · · ·	nployee and Family	\$2,841	\$2,841	\$0	

At a Glance							
	Primary	HD	Primary+				
Premiums	Lowest	Lower	Higher				
Deductible	Mid-range	High	Low				
Copays	Yes	No	Yes				
Network	Statewide network	Nationwide network	Statewide network				
PCP Required?	Yes	No	Yes				
HSA-eligible?	No	Yes	No				

Effective: Sept. 1, 2023

### **Compare Prices for Common Medical Services**

### **REMEMBER:**

Call a Personal Health Guide (PHG) any time 24/7 to help you find the best price for a medical service. Reach them at **1-866-355-5999**.

Benefit	TRS-ActiveCare Primary Primary+ TRS-ActiveCare HD		veCare HD	TRS-ActiveCare 2		
	In-Network Only	In-Network Only	In-Network	Out-of-Network	In-Network	Out-of-Network
Diagnostic Labs*	Office/Indpendent Lab: You pay \$0	Office/Indpendent Lab: You pay \$0	You pay 30% after	You pay 50% after deductible	Office/Indpendent Lab: You pay \$0	You pay 40% after deductible
	Outpatient: You pay 30% after deductible	Outpatient: You pay 20% after deductible	deductible		Outpatient: You pay 20% after deductible	
High-Tech Radiology	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible + \$100 copay per procedure	You pay 40% after deductible + \$100 copay per procedure
Outpatient Costs	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible	You pay 20% after deductible (\$150 facility copay per incident)	You pay 40% after deductible (\$150 facility copay per incident)
Inpatient Hospital Costs	You pay 30% after deductible	You pay 20% after deductible	You pay 30% after deductible	You pay 50% after deductible (\$500 facility per day maximum)	You pay 20% after deductible (\$150 facility copay per day)	You pay 40% after deductible (\$500 facility per day maximum)
Freestanding Emergency Room	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 30% after deductible	You pay \$500 copay + 50% after deductible	You pay \$500 copay + 20% after deductible	You pay \$500 copay + 40% after deductible
Bariatric Surgery	Facility: You pay 30% after deductible	Facility: You pay 20% after deductible		Not Covered	Facility: You pay 20% after deductible (\$150 facility copay per day)	Not Covered
	Professional Services: You pay \$5,000 copay + 30% after deductible	Professional Services: You pay \$5,000 copay + 20% after deductible	Not Covered		Professional Services: You pay \$5,000 copay + 20% after deductible	
	Only covered if rendered at a BDC+ facility	Only covered if rendered at a BDC+ facility			Only covered if rendered at a BDC+ facility	
Annual Vision Exam (one per plan year; performed by an ophthalmologist or optometrist)	You pay \$70 copay	You pay \$70 copay	You pay 30% after deductible	You pay 50% after deductible	You pay \$70 copay	You pay 40% after deductible
Annual Hearing Exam (one per plan year)	\$30 PCP copay \$70 specialist copay	\$30 PCP copay \$70 specialist copay	You pay 30% after deductible	You pay 50% after deductible	\$30 PCP copay \$70 specialist copay	You pay 40% after deductible

<sup>\*</sup>Pre-certification for genetic and specialty testing may apply. Contact a PHG at 1-866-355-5999 with questions.